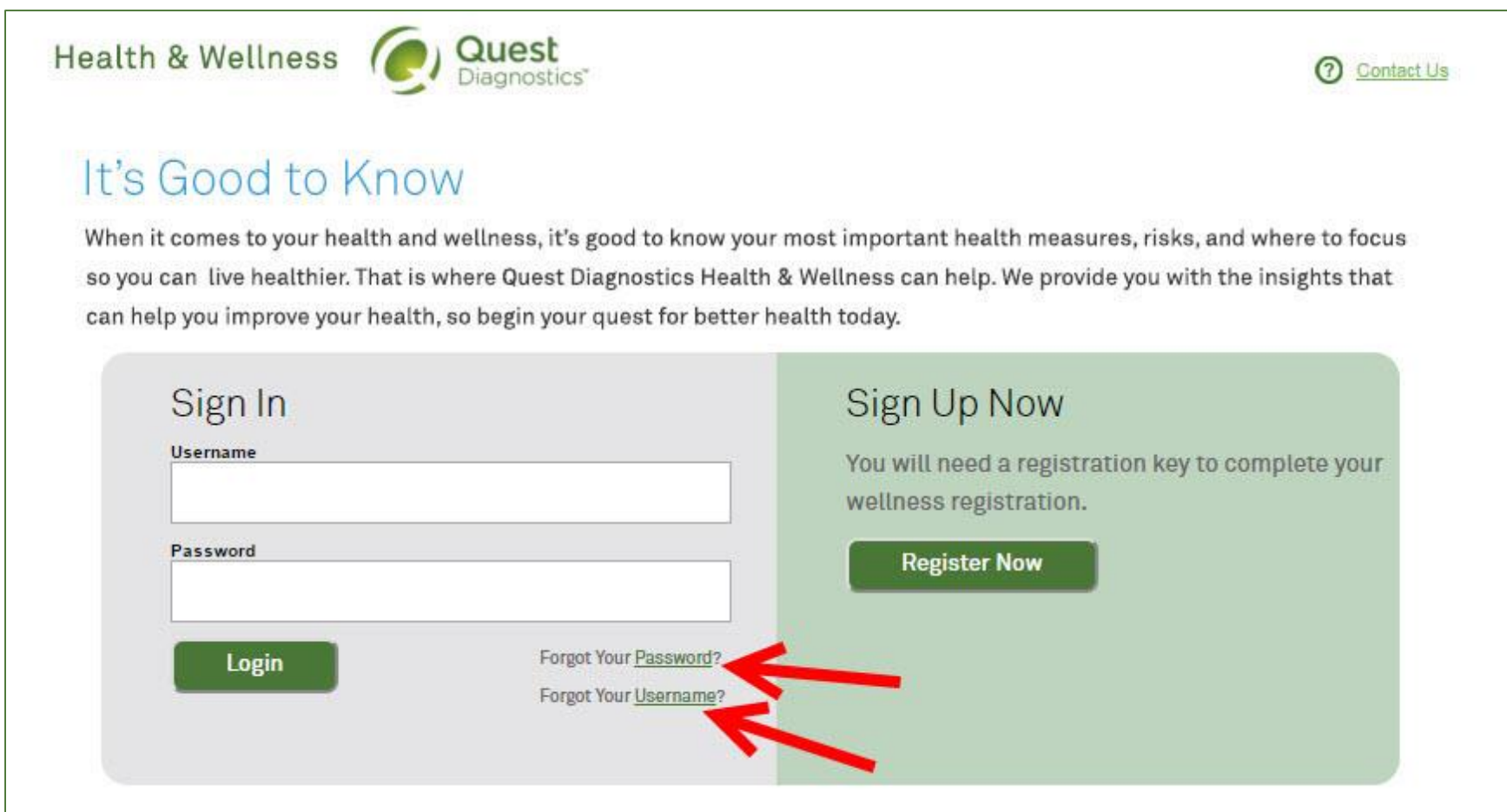



### Resetting your password or retrieving your username at My.QuestForHealth.com

1

- Visit [My.QuestForHealth.com](https://My.QuestForHealth.com)
- Click the **Username** link in the phrase **Forgot Your Username?** to retrieve your username
- Click the **Password** link in the phrase **Forgot Your Password?** to reset your password



Health & Wellness  [Contact Us](#)

### It's Good to Know

When it comes to your health and wellness, it's good to know your most important health measures, risks, and where to focus so you can live healthier. That is where Quest Diagnostics Health & Wellness can help. We provide you with the insights that can help you improve your health, so begin your quest for better health today.

#### Sign In

Username

Password

[Forgot Your Password?](#)

[Forgot Your Username?](#)

Login

#### Sign Up Now


You will need a registration key to complete your wellness registration.

Register Now

2b

- To retrieve your username, enter your **Registered Email Address** and **Date of Birth** and click **Submit**

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### Forgot Username

Registered Email Address

Date of Birth

**Submit**

[Forgot Your Password?](#)  
[Sign in to Your Account](#)

Your registered email address is the email you used when you signed up for your account

2b

- If the combination of information you provide is correct, a notification message will appear indicating that the username was sent to the registered email address on the account
- To log in, click the **Go Back to Homepage** button

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### Forgot Username


We have sent your username to xxxx@gmail.com. You should receive the information shortly.


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2a

- To reset your password, enter your **Username** and **Date of Birth** and click **Submit**

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Username

Date of Birth

Submit

[Forgot Your Username?](#)

[Sign In to Your Account.](#)

2a

- If the combination of information you provide is correct, a notification message will appear indicating that password reset information was sent to the registered email address on the account
- Please note that the password reset email is only effective for 60 minutes
- To log in, click the **Go Back to Homepage** button

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